

Секачева Татьяна

13 лет

Россия

Алтайский край

Шелаболихинский район

С. Шелаболиха

МБОУ «Шелаболихинская средняя общеобразовательная школа №1»

Учитель – Ефимова Елена Викторовна

Роль спорта в моей жизни.

Sport plays a major role. For me sport is in the first place in my life.

I love sports. I do sports. Basketball is one of my favorite sports.

If I have a cough, I go to the doctor. I'm doing some light jogging in the evening.

In the morning, I do morning exercises.

Sport helps me to develop physically. I go to the section of basketball.

So basketball is a popular sport in my family.

Every day I and my friends play football, basketball, volleyball and lapta.

My brother does jogging every day too.